

Thank you for another nice week! Here is the packet of announcements and fliers: [Newsletter 9.15.23.pdf](#)

OSW is hiring paras. If you or a friend are interested, follow this link:

[OSW Para Application](#)

We appreciate those adhering to our drop-off safety routines in the morning. Please remember that if you need to get out of your car to assist your child, come in through the main entrance, park your car, and walk them to the front door. Children should only exit from the passenger side of vehicles. We want to make sure everyone is safe.

Our staff has been investing in building good routines and establishing classroom expectations. This work will continue as we begin to increase the amount of academic instruction.

If your child took the Smarter Balance Assessment last year as a 3<sup>rd</sup> or 4<sup>th</sup> grader, you will receive their results in the mail soon. Our staff has reviewed them and we have everything in place to support their individual learning profiles.

I look forward to some fun events organized by our OSO. **Check out the flier for the OSO BBQ in this newsletter.** We will be announcing some afterschool clubs and activities very soon.

**Starting on October 1, CareALot aftercare will return to OSW.** Students will no longer require busing to Great Neck.

Waterford now has the capability to translate PowerSchool Messages in over 20 languages! Be sure to adjust your setting in the program if you need a language other than English.

Have a nice weekend!



## Oswegatchie Elementary School Newsletter

470 Boston Post Road, Waterford, CT 06385

Phone: 860-442-4331 Fax: 860-447-6261

[osw.waterfordschools.org](http://osw.waterfordschools.org)

School Hours 8:25 a.m. - 3:10 p.m.



### FROM THE HEALTH ROOM

Welcome to a New School year from the health Room of Oswegatchie!

A few reminders for new and returning parents please: Please provide a complete and seasonally appropriate change of clothing for your child AT ALL TIMES. The Health Room does not have ANY clothing to support your child in this regard. We will otherwise contact parents during the work day to provide, unless your child has clothing in school. Please send a supply in a bag with your child's name/and have them keep it in their cubbies here at school. DO NOT have them take it back and forth to school in their back pack each day as it invariably gets taken out, especially when it is needed.

Please communicate with the Health Room if your child is absent due to illness or injury. You may call the main office number and ask to be transferred to the nurse (860-442-4331). Or you may email [wdoyon@waterfordschools.org](mailto:wdoyon@waterfordschools.org) to notify.

Please do not have your child transport medication of ANY kind to and from school. ALL medications must be provided by a parent direct to the Health Room and must have a completed medication authorization signed by physician and parent in order to be administered at school.

Thank you, Wendy Doyon RN

### Helpful hints from the main office:

Please make sure any bus or dismissal changes are emailed to both myself [kkerwin@waterfordschools.org](mailto:kkerwin@waterfordschools.org) AND the classroom teacher.

Please don't make any dismissal changes after 12:30pm unless it is an unavoidable emergency.

The newsletter will be emailed every Friday, and is chock full of helpful information from calendars, to lunch menus, to local events. Please take a few minutes each week to read through it. If you are not receiving emails and should be, please contact me so I can make the necessary changes.

If there are any changes to your phone number, email, address, permissions to pick up, etc please communicate those to the office as soon as possible.

THANK YOU!! Please feel free to call or email if there is anything I can help you with! ~~Kathy Kerwin Oswegatchie Office Secretary

**Joseph Macrino**  
Principal

[jmacrino@waterfordschools.org](mailto:jmacrino@waterfordschools.org)

**Kathy Kerwin**  
Secretary

[kkerwin@waterfordschools.org](mailto:kkerwin@waterfordschools.org)

**Wendy Doyon**  
School Nurse

[wdoyon@waterfordschools.org](mailto:wdoyon@waterfordschools.org)



### SAVE THE DATE:

Sept. 19 5:15pm OSO Meeting  
(Virtual only)

Sept. 21 4:30pm-6:30pm OSO BBQ

Sept. 25 No School

Oct. 11 School Picture Day

Oct. 17 OSO Meeting (virtual and in person)





**Pay for 2023-24  
School Meals and WPS Device Protection  
with Our New Payment System!**

Dear Parents and Guardians,

We've teamed up with MySchoolBucks, an online service where you can easily and securely pay for school meals and WPS Device Protection using a credit/debit card or electronic check.

Using MySchoolBucks you can:

- Add funds to your student's meal account
- View meal balances & cafeteria purchases
- Receive low balance alerts
- Purchase WPS Device Protection for your child's school issued device for the 2023-24 school year

Easily pay online for school meals and WPS Device Protection for students in Grades 4-12! Create your free MySchoolBucks account to conveniently and securely pay online or download the mobile app to make payments from anywhere!

**Get Started Today:**

1. Go to [myschoolbucks.com](https://myschoolbucks.com) or download the mobile app
2. Create your free account and add your students using their school name / student ID
3. Add funds to your student's meal account or add items from the School Store section
4. Check out using your credit / debit card or electronic check *(A program fee may apply)*

Thank you,

WPS Food Services and WPS IT Department

# Welcome back from the OSO!



The *Oswegatchie School Organization* (aka “PTA” in other schools) is open to any parent, guardian or other caregiver for a current student attending Oswegatchie School. The OSO mission is “to promote closer relationships between home, community and Oswegatchie School by fostering open communication, faculty and family support and educational and recreational enrichment for students.”

**We welcome everyone in the Oswegatchie School community to be involved with the OSO.** We understand that in our busy world, volunteering adds another “to-do” on your list, but we believe that everyone in this community has something to offer. Please feel free to contact any of us below with ideas, thoughts and questions.

Here is our monthly meeting schedule for the rest of 2023. All meetings are at 5:15pm.

- ***Tuesday, September 19 (virtual only)***
- ***Tuesday, October 17 (hybrid - in-person and zoom)***
- ***Wednesday, November 15 (hybrid - In-person and zoom)***  
***Wednesday, December 13 (Hybrid - In-person and zoom)***

We encourage you to come to meetings to see what we are planning and share your ideas! Any inquiries may be sent to the OSO email:

[oswegatchieschoolorg@gmail.com](mailto:oswegatchieschoolorg@gmail.com)

Board members for school year:

President – Deb Moshier-Dunn

Vice President – Doris Crum

Treasurer – Karen Barnett

Secretary – Jessica Vargas

Find "Oswegatchie School Organization" on Facebook and “Like” the OSO page to see updates and announcements. Find other important info about the OSO at our website: [bit.ly/OSOwebsite](https://bit.ly/OSOwebsite)



*Scan me*



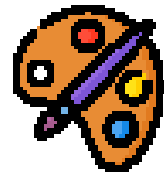
# Cool Things YOU Do!



We recognize that members of the Oswegatchie School community have many interests, skills and talents that they may wish to share with the students at Oswegatchie School. The Oswegatchie School Organization (OSO) is creating a directory of people who may want to share their interests, skills and talents with students.

Some ideas that adult members of our school community may share:

- Travel and cultural experiences; unique work experiences
- Hands-on work experience or hobbies (e.g., wood working)
- STEM knowledge
- Arts and Crafts
- Sports



Contact Information (please write clearly)

Name & Address: \_\_\_\_\_

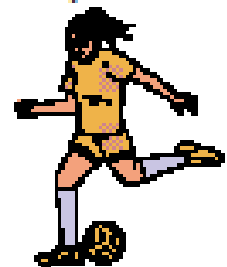
Email Address: \_\_\_\_\_

Best contact number: \_\_\_\_\_

Relationship to Oswegatchie School student (circle one):



Parent of current student  
Grandparent of current student  
Caregiver of current student  
Parent of past student  
Alumni



Other: \_\_\_\_\_

Please provide a short description of the interest, skill or talent you would like to share:

Grade level that you feel comfortable sharing with. Circle all that apply:

Pre-school

Grades K-2

Grades 3-5

You may also share this information with us by emailing  
[oswegatchieschoolorg@gmail.com](mailto:oswegatchieschoolorg@gmail.com).



Every year, 18,000 patients are diagnosed with life-threatening blood cancers or other blood disorders that could be cured or treated with a blood stem cell transplant. But 70% of them don't have a fully matched donor in their family. They depend on Be The Match® to find an unrelated donor. Adapted from [//my.BeTheMatch.org/strongestboy](http://my.BeTheMatch.org/strongestboy)

The Waterford community, including families within our district (see below), have been impacted by these cancers and are looking to raise awareness regarding the Be The Match® program and the need for donors for bone marrow transplants.

Please visit [//my.BeTheMatch.org/StrongestBoy](http://my.BeTheMatch.org/StrongestBoy) for more information on this life saving program and for the process to become a donor.



## YOU COULD BE THE CURE FOR TIAGO

Tiago, Waterford, CT  
searching patient

Join the Be The Match Registry®  
on behalf of Tiago today!

BE  THE MATCH®

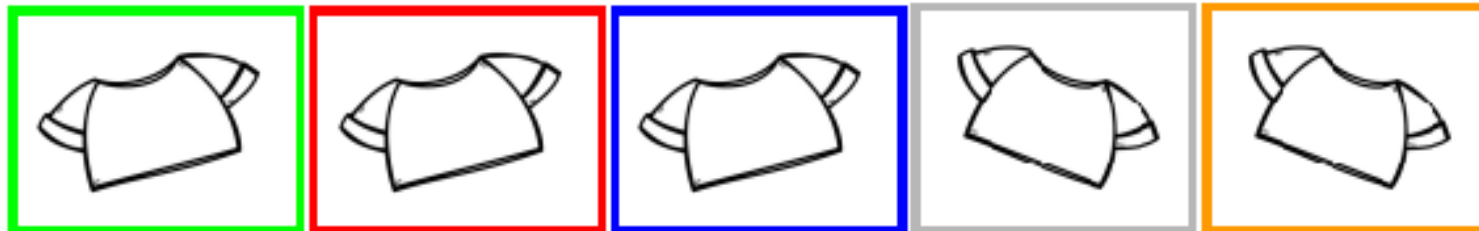


**OSO**  
Back to  
School **BBQ**



**September 21**  
**4:30 pm- 6:30pm**  
**at OSW**





## Oswegatchie Grade Level T Shirts

Each grade level at Oswegatchie has color coordinated class shirts which are used for school events, field day, and field trips.

This year the OSO will provide shirts for students new to Oswegatchie. This includes any new Pre K, Kindergarten, and new to our school students at no cost.

Additional or replacement shirts can be ordered for returning students for \$10.

Please complete the following form, print out and give to our School Secretary, Kathy Kerwin, with your check to order a t-shirt.

**Student Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_ **Class:** \_\_\_\_\_

**Parent/ Guardian Contact:** \_\_\_\_\_

**Size (Youth XS-L, Adult S-L):** \_\_\_\_\_

**Check one:**

\_\_\_\_\_ My child is new to Oswegatchie this year (shirt provided at no cost)

\_\_\_\_\_ This is a replacement/ extra shirt and I have enclosed \$10 (checks to OSO)



The Camp Harkness  
Foundation & KWLP  
present....

# Fall Fest

**SATURDAY SEPTEMBER 16 TH 2023**  
**12:00PM-4:00PM**

**Come join us and enjoy...**

Music



Food trucks



Face Painting



Arts & Crafts



Craft Fair



Train rides



**\$5.00 DONATION PER VEHICLE**

**CASH ONLY**

All proceeds will go to the Camp Harkness Foundation to support  
updating their playscape!

**kw** LEGACY  
PARTNERS  
KELLERWILLIAMS. REALTY

# UConn VS Duke



**Sep 23, 2023 3:30 PM**

**Rentschler Field**

**\$30**

**Tickets purchased through our link will benefit WYFCL Youth. Plan out WYFCL's bye week with your teammates to all go to the game together!**

**<https://fevogm.com/event/Waterfordyouth>**





# Waterford Police Union

# **PICKLEBALL**

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# **TOURNAMENT**

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**COME WATCH AND SUPPORT!!**

**Sunday, September 24, 2023**

**9:00 AM – Last Team Standing**

**Waterford High School Fieldhouse**

**DONATIONS APPRECIATED**

**Donations go to scholarships and  
community events on behalf of the**

**Waterford Police Department Union**

**Contact [waterfordpoliceunionct@gmail.com](mailto:waterfordpoliceunionct@gmail.com) for  
further information**

**Check out Waterford Police Union UPSEU  
FACEBOOK**



## ORDER DATE HAS BEEN EXTENDED

### Show off your Waterford Lancer Pride! Support Class of 2025

Back by popular demand Waterford Lancers  
NubaySoft™ D-Luxe Blankets are back!!

Blankets are great at home, at the park, or at the game! This fundraiser is more than just raising money for the class (although that's a bonus) we want our student families to feel included and connected to our great Lancer culture.

Click the link below to order your blanket

[Waterford Lancer Blankets Class of 2025](#)

\$65 per blanket: Order before **09/25/23** for THE best price!

VENMO: @Lesley\_Sollima

CHECK made out to Lesley Sollima: Send checks to 3 Albacore Dr, Waterford

Contact Lesley Sollima – 860-574-4548

**CHEER LOUDER!**  
Together Strong



  
HighSchoolBlankets.com  
Powered by Social Power

**Waterford Lancers NubaySoft™ Mascot Blankets**





Waterford Professional  
Firefighters Association  
Local 4629



# Wiffle Ball Tournament

**Saturday, September 30, 2023**

**10:00 am start**

**45 Dayton Road**

**Waterford CT, 06385**

**Lisa Dedrick Memorial Field**

**16-team Double Elimination**

**\$100.00 per team (\$25.00 per person)**

**Contact Ronnie Williams to register**

**[ronnierocs@yahoo.com](mailto:ronnierocs@yahoo.com)**

**Great Family Fun, Food Trucks and Raffle**

Register by 09/15/2023

Checks made payable to Waterford Professional Firefighters Association (WPFFA)

P.O. Box 278 Waterford CT, 06385

Rain Date Sunday October 1, 2023



# Who Will Win????



## Waterford Police vs. Waterford Fire Softball Game

**Come watch Waterford First Responders  
compete against each other and  
cheer on who you want to win!**

**Friday, October 13, 2023 at 5PM**

**Veteran's Memorial Park Baseball Field**

**50/50 Raffle! Food Trucks! Family Fun!**

**Donations go to scholarships and community  
events on behalf of the Waterford Police and  
Waterford Fire Unions**

## In Partnership with



# Addy's Run

## 5k



Join us for the 6th annual Addy's Run to help raise awareness for CLOVES. Adalynn "Addy" is a local Waterford resident born with CLOVES in 2017. Our mission is to educate the community about this rare disease and help those who are affected by it through donation, support and awareness.

Proceeds from this race will be donated to the CLOVES community towards research to help find treatment options for this incurable disease

Contact info: Karen Mackinnel  
[kmack100811@gmail.com](mailto:kmack100811@gmail.com)

**OCTOBER 15**  
**10:00am**

**Wee Run @**  
**9:30am**

**Great Neck**  
**Elementary**  
**School**  
**Waterford, CT**

**REGISTER AT**  
**RUNSIGNUP.COM**  
**OR WITH QR**  
**BELOW**





Bring the whole family out!



# WATERFORD'S WICKED WONDERLAND

October 29, 2023, 1-4pm

Waterford High School  
Circular Parking Lot

Contact Joe Trelli for questions  
or donations at: 860-444-5848

Sponsored by:



- Children under 12 must be accompanied by an adult at all times
- Bring your own bag to collect candy

**Sign up to be a trunker!**

Decorate your trunk and  
have fun passing out candy

**CONCESSIONS:**



Hot  
Chocolate



Hot Cider



Dessert



Costume Contest



Trunk Contest



Fun Activities



Music by  
DJ A-Bomb



Neurodivergent  
friendly 1-1:30p



Officer Hodges

**\*Event is FREE to the public!**



VENDORS NEEDED

# ARTISAN & VENDOR FAIR

WATERFORD HIGH SCHOOL  
WATERFORD, CT

PROFITS SUPPORT THE CLASS OF 2025

DEC  
3rd

APPLY  
HERE



10-3pm

[HTTPS://FORMS.GLE/  
3LNFRN1NNA75JXSUA](https://forms.gle/3LNFRN1NNA75JXSUA)



## FAMILY PROGRAM

Saturday, September 30, 2:30PM - 4:30PM IN PERSON

A Celebration of Hispanic Heritage Month

Come and celebrate Hispanic Heritage Month with us today. Join us for food, dancing, crafts and fun! Co-sponsored by *Mujeres Entre Cultura* ("Women Between Cultures"), *Esperanza Latina* & *Latinos Unidos de Waterford*.



September is Library Card Sign-Up Month! Did you know Waterford residents of all ages, including infants, can get a Waterford Public Library card? If you live in a different town, you can add in your library card from your home town and use it to check out materials here as well. Stop by the library to find out everything you can access with your library card – all for free!

## GRAB & GO CRAFTS



Pencil Craft  
Sept 2 to Sept 15



Scarecrow  
Sept 16 to Oct 6

Pick up supplies in the Children's Room to make Grab & Go crafts at home, while supplies last. Step-by-step video tutorial on our Facebook page ([@waterfordpubliclibrary](https://www.facebook.com/waterfordpubliclibrary)).



Saturday, September 9, 10:30AM - 11:00AM

Sign and Sing

Join Ms. Janine for our first session of Sign and Sing! This fun storytime will include basic signs that both children and their caregivers will benefit from knowing. For ages birth to 5, no registration required. Thank you to CT Humanities for providing funding for this program.



## DROP IN CRAFTS

Monday, September 11, 4:00 PM - 6:30 PM

### Drop In Craft: Handprint Tree Craft

As we transition into the colorful world of autumn, join us in the Children's Room between 4:00 and 6:30 pm to make a vibrant 3D Handprint Tree Craft. Ages 6 to 12.



Tuesday, September 12, 4:00 PM - 6:00 PM

### Drop In Creation Station

Stop by the Children's Room anytime between 4:00 and 6:00 pm for a fun craft and to get your creativity flowing! For this session we will be creating a piece to celebrate the beginning of the school year. Recommended for ages 5 and up. No registration required.



Monday, September 25, 4:00 PM - 6:30 PM

### Drop In STEM Adventure: Paper Helicopter

Calling all future aviators! Join us in the Children's Room on anytime between 4:00 and 6:30 pm to create Paper Helicopters that spin, twirl, and take flight with a touch of your creativity and your engineering minds. Ages 6 to 12.



Tuesday, September 26, 4:00 PM - 6:00 PM

### LEGO Club

Drop in anytime between 4:00 and 6:00 pm to build with some LEGO sets! No registration required, recommended for ages 5 and up.



Thursday, September 28, 4:30 PM - 5:30 PM

### DIY Instruments

Ready to create, play, and dance? Join us for this DIY instrument program in which kids will learn how to make percussion instruments from recycled materials! Registration required. Recommended for children ages 6-12 years. All materials will be provided.

### DIY Shakers



## TEEN CORNER

Thursday, September 7, 5:30 PM - 7:00 PM

### Craft Night

Time to get crafty! During this session we will be making an adorable stuffed felt fox and an autumn acorn or leaf. Recommended for ages 11 and up, registration is required.



Thursday, September 21, 5:30 PM - 7:00 PM

### Teen Drop In Craft

Stop by the Teen Section of the library to make a Hobbit Hole card in honor of Hobbit day! Drop in anytime between 5:30 and 7:00 p.m. No registration required.



Friday, September 15, 11:00 AM - 12:00 PM

### Toddler Apple Tree and Core Craft

Join us for a fun-filled crafting session where little hands transform paper plates into adorable apple and core masterpieces. Mrs. Sharma will start the session with a short story! For ages 3 to 5 years old, No registration is required.



Wednesday, September 20, 11:00 AM - 11:45 AM

### Toddler Art

Time to get creative (and maybe a little messy)! This hands on art session is for young ones to explore through process art with the help of their adult. Mrs. Marshall will start the session with a short story! For ages 3 to 5 years old, registration is required. This program will take place downstairs in the Meeting Room.

To keep up with all our activities follow us



@waterfordpubliclibrary



@waterfordlibraryct



# Urgent response for children's mental health crises.



- Thoughts of suicide or self-injury
- Feelings of depression, anxiety or hopelessness
- Out-of-control behaviors
- Substance misuse
- Any mental health crisis

**No appointment needed**

At the four walk-in **Urgent Crisis Centers (UCC)** for children and adolescents ages 18 and under, trained staff will:

- ✓ De-escalate the crisis
- ✓ Complete an evaluation
- ✓ Connect youth to services

## Urgent Crisis Centers



1680 Albany Avenue, Hartford, CT 06105  
(860) 297-0520  
[thevillage.org/UCC](http://thevillage.org/UCC)



255 Hempstead St, New London, CT 06320  
(860) 437-4550  
[childandfamilyagency.org/urgent-crisis-center](http://childandfamilyagency.org/urgent-crisis-center)



141 East Main Street, Waterbury, CT 06702  
(203) 580-4298  
[wellmore.org/urgent-crisis-center](http://wellmore.org/urgent-crisis-center)



20 York Street, New Haven, CT 06510  
(203) 688-4707  
[ynhh.org/childrens-hospital/services/emergency-services](http://ynhh.org/childrens-hospital/services/emergency-services)

In partnership with:



*If a youth needs immediate medical attention,  
call 9-1-1 or go to the nearest hospital.*



# UCFS Healthcare's School-Based Health Centers and Your School!

The UCFS school-based health centers (SBHC) are a doctor's office inside of your school. The services are provided by an APRN (advanced practice registered nurse)/PA (Physician Assistant) and licensed behavioral health clinician who are experts in adolescent health and are employed by UCFS. The intention of the UCFS SBHC is to supplement the care your child receives at their pediatrician's office.



## Services Provided



- Yearly well-child examinations
- Vaccinations
- Sports physicals
- Acute care visits (e.g. sick visits, lacerations, injuries, etc.)
- Chronic care visits (e.g. asthma, ADHD, etc.)
- Mental Health Assessments
- Substance Abuse Screenings
- Counseling (individual, group, and family)

## Top 5 Reasons to use the School-Based Health Center

- Convenient same day appointment.
- Removes barriers to care such as lack of transportation.
- Decreases time away from the classroom which improves academic success.
- Improves student's achievement by taking care of behavioral health needs that can make learning difficult.
- Connects students and their families with insurance coverage.

5

## Referrals are easy...



- Behavioral Health Referrals can come from students, teachers, counselors, administrators as well as parents/guardians of students.
- Medical visits can be coordinated through the school nurse or directly with our family engagement/medical assistant.
- Working collaboratively with school personnel, families, and local youth services has helped to maximize student support.

## To learn More...

School-Based Health Centers are located at Waterford High School and Clark Lane Middle School and are open to all Waterford Public School students.

Scan here to learn about the School-Based Health Center at your school! SBHC line - 860-822-2803



SCAN ME

**MONTHLY  
VIRTUAL  
TRAINING  
SESSIONS**

**CENTER OF EXCELLENCE  
FOR TEACHING AND LEARNING**



# **PARENT TRAINING INSTITUTE**

## *Sept. 2023 - June 2024*

**PURPOSE:** THE SCSU Parent Training Institute will offer monthly virtual training sessions, and helpful resources on a range of topics that can help parents support their child's academic, social, and emotional development.

- **WHO:** Open to parents of children of all ages.
- **WHERE:** All parent workshops will be held virtually.
- **HOW:** Our online workshops will be recorded for use by registered attendees, including those who are unable to attend live.
- **WHEN:** Starts September 26, 2023. Runs monthly on Tuesdays between 7.00 pm to 8.30 pm.
- **CERTIFICATE:** Every registered attendee will receive a "certificate of completion."
- **COST:** \$100 including full access to 10 live and recorded workshop series.
- For more information, email Dr. Olcay Yavuz at [yavuzo1@southernct.edu](mailto:yavuzo1@southernct.edu)

**REGISTER HERE:** <https://bit.ly/3MMxOzF>

### **PROGRAM DATES/TOPICS:**

#### **2023:**

- September 26 @7pm Understanding the USA Education System: Parents' Rights and Responsibilities
- October 24 @7pm Raising College-Ready Children
- November 21 @7pm Understanding College Funding, FAFSA, Scholarship Opportunities and Loan Types
- December 12 @7pm Helping Your Child Become Career & Job Ready (Resume, Career Branding, Interview)

#### **2024:**

- January 30 @7pm Protecting Your Child from Harassment, Intimidation, and Bullying
- February 27 @7pm Utilizing English Second Language Learner, Special Education, and Student Services
- March 26 @7pm Supporting Your Children's Executive Functioning, 21. Century and Soft Skills
- April 23 @7pm The Roles of Parents to Plan Effective Summer Programs for Children and Youths
- May 28 @7pm Raising Socially, Mentally and Emotionally Strong Children
- June 11 @7pm Dealing with Drug Internet Addiction, and Cyberbullying





**BREAKFAST****SEPTEMBER 2023**  
WATERFORD PUBLIC SCHOOLS

Milk only: \$.75

Second Breakfast Price: \$2.75

**Monday****Tuesday****Wednesday****Thursday****Friday****One FREE breakfast for all students daily.**Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.**AUG 30**Breakfast break cereal  
100% apple juice  
craisins  
Milk**AUG 31**Yogurt & String  
Mini muffin  
100% fruit Juice  
Banana  
MilkSweet potato Roll  
100% fruit juice  
Fresh orange  
Milk**School Holiday!**Breakfast sandwich  
100% fruit juice  
craisins  
MilkBanana bread  
100% fruit juice  
Orange smiles  
Milk**School Holiday!**Breakfast Pizza  
Banana  
100% fruit juice  
MilkFrench Toast sticks  
Warm Cinnamon apple slices  
100% fruit juice  
MilkSausage Biscuit  
Applesauce  
100% fruit juice  
MilkPancake bites  
Applesauce Cup  
100% fruit juice  
MilkBreakfast sandwich  
Orange smiles  
100% fruit juice  
MilkSnackin' Waffle  
100% fruit juice  
Apple  
MilkHardboiled Eggs  
Goldfish Graham  
100% fruit juice  
Raisins MilkScrambled egg Cup  
Mini muffin  
100% fruit juice  
Apple  
MilkBanana Bread  
100% fruit juice  
Assorted fresh fruit  
MilkHardboiled Egg  
Goldfish Graham  
100% fruit juice  
Craisins  
MilkBreakfast Pizza  
Banana  
100% fruit juice  
MilkCheese stick &  
Oatmeal Breakfast round  
100% fruit juice  
Apple slices  
MilkYogurt & cereal bar  
100% fruit juice  
craisins  
MilkCheese omelet  
Croissant  
100% fruit juice  
Fresh Orange  
MilkEgg & Cheese breakfast  
sandwich  
Apple  
100% fruit juice MilkEgg & Cheese  
Breakfast sandwich  
100% fruit juice  
Craisins Milk

ALL Grain-based items offered at breakfast are Whole Grain Rich which means that at least 50% of the grains in the items are whole grain and all other grains are enriched

\*Milk Choices: 1% white or Fat Free Flavored

\* A variety of breakfast options offered daily

\* All breakfast includes 1 cup of fruit

\* Menu subject

**LUNCH**

Grade level portion sizes meet USDA requirements

**SEPTEMBER 2023**  
WATERFORD K-12

LUNCH PRICES

Elementary \$3.25

CLMS \$3.50

WHS \$3.75

Second Meal: \$4.25 Adult Meal \$5.00

**Monday****Tuesday****Wednesday****Thursday****Friday**

For the 23-24 school year, students qualified for Reduced status will receive one lunch at no cost per day

Please visit [www.myschoolbucks.com](http://www.myschoolbucks.com) to add funds to your child's account.**AUG 30**Pizza  
Cucumber slices  
Fresh Broccoli/Ranch dip  
100% Fruit Juice Sidekick cup  
Milk**AUG 31**Beef Hotdog on a WG Roll  
Baked beans  
Oven Baked Fries  
Apple MilkChicken Patty  
Potato wedges  
Cucumbers & Ranch  
Orange smiles  
Cold Milk**School Holiday!****Meatless Monday!**  
Pizza Bites  
Marinara sauce cup  
Spinach & Tomato Salad  
100% apple juice  
Cold Milk**National Cheeseburger Day!**  
Cheeseburger on a WG Roll  
Sweet potato fries  
Baked beans  
Apple Milk**School Holiday!**Cheeseburger on a WG Roll  
Sweet potato fries  
Baked beans  
Apple MilkTeriyaki Chicken & Veg Dumplings  
Yakosoba noodles  
Steamed Broccoli  
Mandarin Oranges  
Baby carrots MilkOrange chicken  
Brown Rice  
Steamed Broccoli  
Orange wedges Milk**National Pancake Day!**  
Pancakes Syrup cup  
Sausage Links  
Potato Rounds  
Warm cinnamon apple slices  
100% Mango Juice  
MilkMacaroni & Cheese  
Baby carrots  
Peas goldfish  
Fresh fruit MilkCheesy Taco Penne Pasta  
Tomato & cucumber salad  
Fresh Green pepper strips  
Mini corn muffin  
Apple MilkPenne Pasta with meatballs  
Green peas  
Garlic knot  
Diced peaches  
Cold milkElbows with Meats sauce  
Steamed broccoli  
Garlic Bread  
Diced peaches  
MilkBeef Nachos  
Lettuce & tom  
Refried Beans Corn  
Corn muffin  
Diced pears MilkChicken & Waffles  
Syrup cup  
Cinnamon Carrots  
Potato Tots  
Applesauce  
MilkChicken Nuggets  
Smile fries  
Steamed peas  
Warm Dinner Roll  
Applesauce Cup MilkChicken Tenders  
BBQ sauce cup  
Steamed Broccoli  
Baked Potato Wedges  
Diced peaches  
Milk**Brunch for Lunch!**  
French Toast Syrup cup  
Sausage Links  
Potato Rounds  
100% Mango Juice  
Banana MilkTurkey Grinder On WG Roll  
With Am Cheese & lettuce  
Baby carrots with ranch dip  
Goldfish crackers  
Raisins 100% mango juice  
Cold MilkBeef & Cheese Taco Salad  
Black Beans corn  
Tostito chips salsa  
Pineapple chunks  
Cold MilkBreaded/ baked 'Italian Combo'  
Ravioli & Mozzarella Sticks  
Marinara sauce cup  
Steamed zucchini  
Warm Garlic Knot  
Diced Pears Milk

All grain-based items offered at lunch are whole-grain rich which means that at least 50% of the grains in the item are whole grain (WG), all other grains are enriched

A VARIETY OF FRESH FRUITS OFFERED DAILY

\*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

Alternate Choice Yogurt Meal available daily = Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk

Milk choices: 1% White or Fat Free Flavored

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

\*Menus are subject to change

## August 2023

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28*	29*	FD	31	

(2 day ~ 2 cumulative)

- 8/28 - ± Staff Convocation
- 8/29 - \* PD - No School - PK-12
- 8/30 - First Day of School

## September 2023

Mon	Tue	Wed	Thu	Fri
				1
SH	5	6	7	8
11	12	13	14	15
18	19	20	21	22
SH	26	27	28	29

(19 days ~ 21 cumulative)

- 9/4 - School Holiday (Schools Closed)
- 9/25 - School Holiday (Schools Closed)

## October 2023

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
SH	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

(21 days ~ 42 cumulative)

- 10/9 - School Holiday (Schools Closed)

## November 2023

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	PD	8	9	SH
13	14	15	16	17
20	21	School Holiday		
27	28	29	30	

(17 days ~ 59 cumulative)

- 11/7 - \* PD No School for Students - PK-12
- 11/10 - School Holiday (Schools Closed for Students), P/T Conferences
- 11/22 - 11/24 - School Holiday (Schools Closed)

## December 2023

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
School Holiday				

(16 days ~ 75 cumulative)

- 12/22 - Early Dismissal PK-12
- 12/25 - 12/29 - School Holiday (Schools Closed)

## January 2024

Mon	Tue	Wed	Thu	Fri
SH	2	3	4	5
8	9	10	11	12
SH	16	17	18	19
22	23	24	25	26
29	30	31		

(21 days ~ 96 cumulative)

- 1/1 - School Holiday (Schools Closed)
- 1/15 - School Holiday (Schools Closed)
- 1/18-1/23 - \*\* Midterm Exams: Early Dismissal 9-12

## February 2024

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
SH	21	22	23	
26	27	28	29	

(19 days ~ 115 cumulative)

- 2/19-2/20 - School Holiday (Schools Closed)

## March 2024

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	PT	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	SH

(20 days ~ 135 cumulative)

- \*\* 3/7 - P/T Conferences: Early Dismissal PK-12
- 3/29 - School Holiday (Schools Closed)

## April 2024

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
School Holiday				
15	16	17	18	19
22	23	24	25	26
29	PD			

(16 days ~ 151 cumulative)

- 4/8 - 4/12 - School Holiday (Schools Closed)
- 4/30 - \* PD No School for Students - PK-12

## May 2024

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
SH	28	29	30	31

(22 days ~ 173 cumulative)

- 5/27 - School Holiday (Schools Closed)

## June 2024

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	LD	13	14
17	18	19	20	21
24	25	26	27	28

(8 days ~ 181 cumulative)

- 6/6 - 6/11 - \*\* Final Exams: Early Dismissal 9-12
- 6/11 - \*\* Early Dismissal PK-12
- 6/12 - Last Day of School Early Dismissal PK-12



**NOTE:** Snow days will be added onto the school year as needed.

BOE Approved: December 8, 2022

Revised: June 22, 2023

± Staff Convocation is for all staff of the Waterford Public Schools

\* Professional Development is for Administrators, Teachers, Paraprofessionals 8 AM-3 PM

\*\* Full day for Paraprofessionals



# 2023-24 Elementary Letter Rotation Schedule

August 2023				
Mon	Tue	Wed	Thu	Fri
		30 A	31 B	

September 2023				
Mon	Tue	Wed	Thu	Fri
				1 C
	5 D	6 A	7 B	8 C
11 D	12 A	13 B	14 C	15 D
18 A	19 B	20 C	21 D	22 A
	26 B	27 C	28 D	29 A

October 2023				
Mon	Tue	Wed	Thu	Fri
2 B	3 C	4 D	5 A	6 B
	10 C	11 D	12 A	13 B
16 C	17 D	18 A	19 B	20 C
23 D	24 A	25 B	26 C	27 D
30 A	31 B			

November 2023				
Mon	Tue	Wed	Thu	Fri
		1 C	2 D	3 A
6 B		8 C	9 D	
13 A	14 B	15 C	16 D	17 A
20 B	21 C			
27 D	28 A	29 B	30 C	

December 2023				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C*

January 2024				
Mon	Tue	Wed	Thu	Fri
	2 D	3 A	4 B	5 C
8 D	9 A	10 B	11 C	12 D
	16 A	17 B	18 C	19 D
22 A	23 B	24 C	25 D	26 A
29 B	30 C	31 D		

February 2024				
Mon	Tue	Wed	Thu	Fri
			1 A	2 B
5 C	6 D	7 A	8 B	9 C
12 D	13 A	14 B	15 C	16 D
		21 A	22 B	23 C
26 D	27 A	28 B	29 C	

March 2024				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D*	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C
25 D	26 A	27 B	28 C	

April 2024				
Mon	Tue	Wed	Thu	Fri
1 D	2 A	3 B	4 C	5 D
15 A	16 B	17 C	18 D	19 A
22 B	23 C	24 D	25 A	26 B
29 C				

May 2024				
Mon	Tue	Wed	Thu	Fri
		1 D	2 A	3 B
6 C	7 D	8 A	9 B	10 C
13 D	14 A	15 B	16 C	17 D
20 A	21 B	22 C	23 D	24 A
	28 B	29 C	30 D	31 A

June 2024				
Mon	Tue	Wed	Thu	Fri
3 B	4 C	5 D	6 A	7 B
10 C	11 D*	12 A*		



■ No School  
\* Early Dismissal